

November 12, 2020

Dear Students,

As the COVID-19 positivity rates increase across the world - and especially here in North America - I want you to know that I have been encouraged by the ways MLTS has been a consistent source of encouragement and support. A good number of us have either personally or had family members who contracted the virus. Small messages, texts, words of kindness go a long way when you or your loved one is in crisis. Thank you all for the ways you have and continue to show up.

Our medical experts are cautioning us now to take extra caution for our safety in the days ahead. Do follow their good guidance. On the other hand, I hope you will also care for your emotional wellbeing. Stress has a way of sneaking up on you. Do what you need to do to take care of your mental health. Stay in touch with your peers and let faculty know if you feel yourself falling behind. Don't go radio silent. We can only help you if we know you need our help.

Looking out my window, holiday decorations are being put in place which reminds me of just how close we are to the end of the semester and this calendar year. Whatever your end of the year traditions, I wish you the best. Stay safe and may you have joy that this world cannot give nor take away!

Sincerely,  
Dr. Lightsey

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*Deus escreve direito por linhas tortas.* - Portuguese Proverb

Certainly, anyone who has the power to make you believe absurdities has the power to make you commit injustices. -- Voltaire